



Fife Community Center Aquarobics: Winter/Spring 2015

425.894.0045/info@aquarobics.net
PO Box 404 Redmond WA 98073
www.GetInGetFit.com

What is Aquarobics?

- Shallow Water Fitness
- 60-min of AMAZING
- Burn Calories - CARDIO
- Strength Building
- Core Muscles = Balance & Better Back
- Physical Therapist Approved
- Designed under the guidance of an Orthopedic Surgeon
- Professionally Trained Instructors
- Work-at-YOUR-Pace
- ALL Levels – Starting up to Advanced
- 70+ Choreographed Lesson Plans
- Music: 1940s to Today
- 1st Class **FREE**
- Questions & Registration: 425-894-0045
INFO@AQUAROBICS.NET

GET IN. GET FIT.

CLASS SCHEDULE

- **7:15-8:15am** Monday & Friday
- **8:30 – 9:30am** Saturdays
- **7:15-8:15pm** Tuesday & Thursday

PRICE

*Use any class at any pool to fit your schedule.

1) 5-Week Session:

- +Unlimited = \$125
- +15x = \$116.25
- +10x = \$82.50

2) Drop-In Packages:

- +Sat. ONLY: 10x = \$82.50 (11-week exp.)
- +10x (3-month expiration) = \$125
- +5x (3-month expiration) = \$65
- +1x (due before class) = \$14

5-WEEK SESSIONS

Session 4: Jan 5 – Feb 7 (5 WKS)

**Closed Monday Jan 19th – MLK Day
AM: 9x: \$74.25 14x: \$108.50

Session 5: Feb 8 – March 14 (5 WKS)

**Closed Monday Feb 16th – Presidents' Day
AM: 9x: \$74.25 14x: \$108.50

Session 6: March 15 – April 18 (5 WKS)

**No closures – Pricing Above

Session 7: April 19 – May 23 (5 WKS)

**No closures – Pricing Above

Session 8: May 24 – June 27 (5 WKS)

**Closed Sat May 23rd - Mon May 25th – Memorial Day
AM: 9x: \$74.25 14x: \$108.50

PAYMENT & USEAGE POLICY

- Please make checks payable to:
AQUAROBICS
- Mail to: PO Box 404, Redmond, WA 98073 or hand in to class instructor.
- All prices include tax, pool entrance and a non-refundable \$15 fee after classes start.
- Late payment will incur a \$5 late charge if not rec'd by your first class. Returned checks are subject to a \$20 processing fee.
- Refunds & Credits are for major medical issues only and with a doctor's note.
- Classes must be used in the listed dates.
- Attend any class at any pool.
- Inclement weather follows the Fife School District Guidelines. For PM or Saturday call the pool: 253-922-7665.
- For a list of all policies and FAQ's visit our website: www.GetInGetFit.com