

WINTER SWIM SCHEDULE JANUARY 2-MARCH 25

	LAP SWIM	REC SWIM	SWIM LESSONS	EXERCISE	SWIM TEAM
MON	5:30 a.m.–1 p.m.	Rec Swim 12–1 p.m. 7:30–8:30 p.m.	10 a.m.–12 p.m. 4:30–7:30 p.m. Private Lessons 9:30-10 a.m., 12-12:30, 12:30-1, 7:30–8 p.m.	LAFF 9–10 a.m., 10-11 a.m.	FAST 4:15–8 p.m. Fife High School 2:30–4:15 p.m.
TUES	5:30 a.m.–1 p.m.	Tot Swim 9–10 a.m. Rec Swim 12–1 p.m. 7:30–8:30 p.m.	10 a.m.–12 p.m. 4:30–7:30 p.m. Private Lessons 9:30-10 a.m., 12-12:30, 12:30-1, 7:30–8 p.m. Adult Lessons 8-9 p.m.		FAST 4:15–8 p.m. Fife High School 2:30–4:15 p.m.
WED	5:30 a.m.–1 p.m.	Rec Swim 12–1 p.m. 7:30–8:30 p.m.	10 a.m.–12 p.m. 4:30–7:30 p.m. Private Lessons 9:30-10 a.m., 12-12:30, 12:30-1, 7:30–8 p.m.	LAFF 9–10 a.m., 10–11 a.m.	FAST 5:30–6:45 a.m. 4:15–8 p.m. Fife High School 2:30–4:15 p.m.
THUR	5:30 a.m.–1 p.m.	Tot Swim 9–10 a.m. Rec Swim 12–1 p.m. 7:30–8:30 p.m.	10 a.m.–12 p.m. 4:30–7:30 p.m. Private Lessons 9:30-10 a.m., 12-12:30, 12:30-1, 7:30–8 p.m. Adult Lessons 8-9 p.m.		FAST 4:15–8 p.m. Fife High School 2:30–4:15 p.m.
FRI	7 a.m.–1 p.m.	Tot Swim 9–10 a.m. Rec Swim 12–1 p.m.		LAFF 9–10 a.m., 10–11 a.m.	FAST 4:15–7:45 p.m. Fife High School 2:30–4:15 p.m.
SAT	9 a.m.–1:30 p.m.	Tot Swim 8–9 a.m. Rec Swim 12:30–1:30 p.m.	9 a.m.–12:30 p.m. Private Lessons 8:30 a.m., 12:30 p.m., 1 p.m.		FAST 7–9 a.m.
SUN	9:30 a.m.–2 p.m.	Tot Swim 10–11 a.m. Rec Swim 2–3 p.m.	11a.m.–2 p.m. Private Lessons 2 p.m., 2:30 p.m. Adult Lessons 2-3 p.m.	Paddleboard Yoga 9:45–10:45 a.m. Learn to Paddleboard 3–5 p.m.	