

FALL SWIM SCHEDULE SEPTEMBER 6-DECEMBER 31

| | LAP SWIM | REC SWIM | SWIM LESSONS | EXERCISE | SWIM TEAM |
|------|-------------------|--|---|--|--|
| MON | 5:30 a.m.–1 p.m. | 12–1 p.m. 7:30–8:30 p.m. | 10:30 a.m.– 12 p.m. 4:30–7:30 p.m. Private Lessons 7:30–8 p.m. | Aquarobics 7:15–8:15 a.m. LAFF 9–10 a.m., 10–11 a.m. | High School 2:30–4:15 p.m. FAST 4:15–7:45 p.m. |
| TUES | 5:30 a.m.–1 p.m. | Tot Swim 9–10 a.m. Rec Swim 12–1 p.m. 7:30–8:30 p.m. | 10 a.m.–12 p.m. 4:30–7:30 p.m. Private Lessons 7:30–8 p.m. | Aquarobics 8–9 p.m. | High School 2:30–4:15 p.m. FAST 4:15–8 p.m. |
| WED | 5:30 a.m.–1 p.m. | 12–1 p.m. 7:30–8:30 p.m. | 10:30 a.m.– 12 p.m. 4:30–7:30 p.m. Private Lessons 7:30–8 p.m. | Aquarobics 7:15–8:15 a.m. LAFF 9–10 a.m., 10–11 a.m. | High School 2:30–4:15 p.m. FAST 5:30–7 a.m. 4:15–7:45 p.m. |
| THUR | 5:30 a.m.–1 p.m. | Tot Swim 9–10 a.m. Rec Swim 12–1 p.m. 7:30–8:30 p.m. | 10 a.m.–12 p.m. 4:30–7:30 p.m. Private Lessons 7:30–8 p.m. | Aquarobics 8–9 p.m. | High School 2:30–4:15 p.m. FAST 4:15–8 p.m. |
| FRI | 7 a.m.–1 p.m. | Tot Swim 9–10 a.m. Rec Swim 12–1 p.m. | | Aquarobics 7:15–8:15 a.m. LAFF 9–10 a.m., 10–11 a.m. | High School 2:30–4:15 p.m. FAST 4:15–7:45 p.m. |
| SAT | 10 a.m.–1:30 p.m. | Tot Swim 8:30–9:30 am Rec Swim 12:30–1:30 p.m. | 9:30 a.m.– 12:30 p.m. Private Lessons 9 a.m., 12:30 p.m., 1 p.m. | Aquarobics 8:30–9:30 a.m. | FAST 7–9 a.m. |
| SUN | 11 a.m.–3 p.m. | 2–3 p.m. | 11:30 a.m.–2 p.m. Private Lessons 2 p.m., 2:30 p.m. | Aquarobics 10:30–11:30 a.m. | |