

SUMMER SWIM SCHEDULE JUNE 19- AUGUST 27

	LAP SWIM	REC SWIM	SWIM LESSONS	EXERCISE	SWIM TEAM
MON	5:30–8:30 a.m. 12–2 p.m.	Rec Swim 12–1 p.m. 2–3 p.m. 7:30–8:30 p.m.	8:30 a.m.–12 p.m. 1–2 p.m. 4:30–7:30 p.m. Private Lessons 2–3, 7:30–8 p.m. Adult Lessons 1–1:30, 8–8:30 p.m.	Paddle Board Yoga 6:45–7:45 a.m. LAFF 8–9 a.m.	FAST 4:15–7:45 p.m.
TUES	5:30–8:30 a.m. 12–2 p.m.	Rec Swim 12–1 p.m. 2–3 p.m. 7:30–8:30 p.m.	8:30 a.m.–12 p.m. 1–2 p.m. 4:30–7:30 p.m. Private Lessons 2–3, 7:30–8 p.m. Adult Lessons 1–1:30, 8–8:30 p.m.		FAST 4:15–8 p.m.
WED	5:30–8:30 a.m. 12–2 p.m.	Rec Swim 12–1 p.m. 2–3 p.m. 7:30–8:30 p.m.	8:30 a.m.–12 p.m. 1–2 p.m. 4:30–7:30 p.m. Private Lessons 2–3, 7:30–8 p.m. Adult Lessons 1–1:30, 8–8:30 p.m.	Paddle Board Yoga 6:45–7:45 a.m. LAFF 8–9 a.m.	FAST 5:30–6:45 a.m. 4:15–7:45 p.m.
THUR	5:30–8:30 a.m. 12–2 p.m.	Rec Swim 12–1 p.m. 2–3 p.m. 7:30–8:30 p.m.	8:30 a.m.–12 p.m. 1–2 p.m. 4:30–7:30 p.m. Adult Lessons 1–1:30, 8–8:30 p.m. Private Lessons 7:30–8 p.m.		FAST 4:15–8 p.m.
FRI	7 a.m.–1 p.m.	Tot Swim 9–10 a.m. Rec Swim 12–1 p.m.		LAFF 8–9, 9–10 a.m.	FAST 4:15–7:45 p.m.
SAT	10 a.m.–1:30 p.m.	Tot Swim 8:30–9:30 a.m. Rec Swim 12:30–1:30 p.m.	9:30 a.m.– 12:30 p.m. Private Lessons 9 a.m., 12:30–1 p.m., 1–1:30 p.m.		FAST 7–9:45 a.m.
SUN	10:30 a.m.–3 p.m.	Tot Swim 10:30–11:30 a.m. Rec Swim 2–3 p.m.	11:30 a.m.–2 p.m. Private Lessons 2–3 p.m.	Paddle Board Yoga 10:30–11:30 a.m. Paddleboarding Class 3–6 p.m.	