



GET IN. GET FIT.

Fife Aquatic Center Aquarobics: Fall / Winter 2016

5410 20th Street East, Fife, WA 98424

What is Aquarobics?

- Shallow Water Fitness
- 60-min of AMAZING Fitness Fun
- Burn Calories - CARDIO
- Strength Building
- Core Muscles = Balance & Better Back
- Physical Therapist Approved
- Designed under the guidance of an Orthopedic Surgeon
- Professionally Trained Instructors
- Work-at-YOUR-Pace
- ALL Levels – Beginner up to Advanced
- Choreographed Lesson Plans
- Music: Oldies to Today
- 1st Class **FREE**
- **REGISTER TODAY:**

☎ 425-894-0045

✉ info@aquarobics.net

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CLASS SCHEDULE

- **7:15-8:15am** Mon, Wed & Fri
- **8:30-9:30am** Saturdays
- **10:30-11:30am** Sundays
- **8 - 9pm** Tuesday & Thursday – New 🕒

PRICE

*Use any class at any pool to fit your schedule!

1) 5-Week Session:

- +Unlimited = \$135 – **Best DEAL!**
- + 20x= \$155 (**any 4x classes a week**)
- +15x = \$116.25 (**any 3x classes a week**)
- +10x = \$82.50 (**any 2x classes a week**)
- +5x Saturday – OR - Sunday ONLY = \$41.25

2) Drop-In Packages:

- +10x (3-month expiration) = \$125
- +5x (3-month expiration) = \$65
- +1x (due before class) = \$14

CLASSES RUN IN 5-WEEK SESSIONS:

Session 1: September 5 – October 9 (5 WKS)

**Pool Closed Monday 9/5 – Labor Day

AM 10x: \$82.50 AM 14x: \$108.50 PM 9x: \$74.25

Sat-OR-Sun ONLY 5x: \$41.25 Sat-AND-Sun TOGETHER 10x: \$82.50

Session 2: October 10 – November 13 (5 WKS)

**Pool Closed Thurs. 11/10 thru Sun. 11/13 – Veteran's Day

AM 10x: \$82.50 AM 14x: \$108.50

Sat-OR-Sun ONLY 4x: \$33 Sat-AND-Sun TOGETHER 8x: \$66

Session 3: November 14 – December 18 (5 WKS)

**Pool Closed Thurs 11/24 thru Sun. 11/27 – Thanksgiving

AM 10x: \$82.50 AM 14x: \$108.50 PM 9x: \$74.25

Sat-OR-Sun ONLY 4x: \$33 Sat-AND-Sun TOGETHER 8x: \$66

**Fife Aquatic Center and Aquarobics will be closed:
Mon. 12/19 thru Mon. 1/2/17.**

PAYMENT & USEAGE POLICY

- Please make checks payable to:
AQUAROBICS
- Mail to: PO Box 404, Redmond, WA 98073 or hand in to class instructor.
- All prices include tax, pool entrance and a non-refundable \$15 fee after classes start.
- Returned checks are subject to a \$20 processing fee.
- Refunds & Credits must be approved by the office.
- Classes must be used in the listed dates.
- Attend any class at any pool.
- Inclement weather follows the Fife School District Guidelines. For PM or weekend classes call the pool: 253-922-7665.
- For a list of all policies and FAQ's visit our website: www.GetInGetFit.com